# SUSAN H. ROGERS, LMSW, ACSW

PARARE COUNSELING & CONSULTING, PLC 32255 Northwestern Highway, Suite 190 Farmington Hills, Michigan 48334 (248) 691-8500

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### **PROFESSIONAL PROFILE**

Experienced in working with children, adolescents and adults, in individual, family, small and large group and experiential learning settings.

Skilled at team building, conflict resolution and developing positive group dynamics.

Leader in educating special needs adolescents and families in healthy relationships and sexuality.

History of innovative program development and oral presentations relating to communication and relationships.

## **PROFESSIONAL EXPERIENCE**

2008 - Present: Director and Founder

Parare Counseling & Consulting, PLC, Farmington Hills, Michigan

2013 – Present: Developer and Program Leader, Project BOLD Social Interaction Group Oakland Community College, Orchard Ridge Campus, Farmington Hills, Michigan

# 1981 – Present: School Social Worker Birmingham Public Schools, Birmingham, Michigan

- Provide direct service to special education students: Learning Disabled, Emotionally Impaired, Autistic Impaired, Otherwise Health Impaired and Cognitively Impaired.
- Provide counseling services to families.
- Participate in evaluation and determination of special education services.
- Develop and conduct groups for students focusing on peer relationships, at-risk behavior, assertiveness, social skill building, communication, peer pressure and building independent living skills.
- Chair, District-Wide Committee on Sexuality for Students with Special Needs.
- Organizer and Facilitator, LINKS peer to peer support program, Groves High School.
- District committee member, Development of Character Education in the Curriculum.
- Member, county-wide steering committee to develop a sexuality education curriculum for students with special needs.
- Develop focus study groups for staff in the Birmingham Schools.
- Social Work Field Instructor for Wayne State University, Michigan State University and The University of Michigan.

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# Academic Years 2005-2006 and 2006-2007: Adjunct Professor Master of Social Work Program Wayne State University School of Social Work, Detroit, Michigan

Graduate Class: "Methods of Social Work Practice II: Social Work with Groups."
 Addresses fundamental knowledge and skills required for generalist social work
 practice with groups.

# 1983 – 1989: Clinical Social Worker Maple Clinic, Birmingham, Michigan

• Part-time private practice, providing counseling services to children, adolescents and adults, utilizing individual, group and family treatment.

# 1979 – 1981: Staff Social Worker, Hegira, Inc., Wayne, Michigan

- Provided clinical services in a community mental health agency, including individual and group counseling for clients needing aftercare services following hospitalization.
- Participated in study groups focusing on mental health issues, including medication, follow-up treatment and identifying community resources.

# 1977 – 1979: Staff Social Worker Catholic Social Services of Macomb County, Mount Clemens, Michigan

- Provided counseling services to adults and adolescents in chemical dependency outpatient program, utilizing individual, family and group settings.
- Developed and facilitated groups for clients focusing on chemical dependency education.

## **EDUCATION AND LICENSURE**

Master of Social Work, 1977, Wayne State University, Detroit, MI. Group Work Sequence.

Bachelor of Arts, Psychology, May, 1975, Oakland University, Rochester, MI.

Licensed Masters Social Worker, State of Michigan (1979). Specialty Certifications: Macro Specialty (School Social Work) (1979) and Clinical Specialty (1979).

### **LEADERSHIP, PRESENTATIONS AND SPECIALIZED TRAINING**

- Wayne State University School of Social Work:
  - Chair, School of Social Work capital campaign, 2014 present.
  - Board of Visitors: Chair, 2006 2014; Member, 2004 present.
  - Alumni Association: Member, Board of Directors (1983-1986); representative to University Alumni Association Board of Directors.
- Specialized Leadership, Presentations and Training Adolescents with Special Needs:
  - Chair, Birmingham Public Schools district-wide committee to develop programming on health and sexuality education for students with special needs, 2005 – present.

- Developed curriculum, obtained Birmingham Board of Education approval, conducted parent education, and implemented curriculum to teach sexuality education to students with special needs at the high school level.
- Presenter, program on transitioning to adulthood for people with disabilities entitled "Switching Gears: A Roadmap to the Future," YAI International Conference in New York City, May 2015.
- Presenter, "Autism Spectrum Disorder: Putting the Puzzle Together One Piece at a Time," Wayne State University School of Social Work Continuing Education Program, March 2015.
- Presenter, "You Can't Say, 'You Can't Play': Involving Different Learners in Sports & Extracurricular Activities," Friends of Different Learners (Birmingham, MI). February 2014 and March 2015.
- Panelist, "Beyond the Grades," community forum on adolescent mental health, sponsored by Birmingham Public Schools. March 2015.
- Sex Ed Supervisors Committee, Oakland Immediate School District (Oakland County, MI). 2006 – present.
- Member, Health Curriculum Action Team, Birmingham Public Schools (Birmingham, MI).
   2013 present.
- Member, Professional Advisory Board, Coalition for a Useful Registry (Lansing, MI); advises Michigan legislators and others on proposed changes to Michigan sex offender registry laws; current Board member, appointed to provide expertise on individuals with disabilities.
- Member, Michigan Expansion Team, Best Buddies International. 2014 present.
- Judson Center (Royal Oak, MI): Board of Trustees, 2010 2014; Marketing Committee, 2013 – 2014; Night to Embrace Program Committee, 2010 – 2014; Program and Policy Committee, 2008 – 2013.
- Instructor, "Demystifying Disabilities: Understanding the Facts, Myths and Characteristics of Autism Spectrum Disorder," Wayne State University School of Social Work (Oakland Center Campus, Farmington Hills, MI). Scheduled April 2014.
- Presenter, "Starting and Teaching Sexuality Programs" and "Working With Parents and Consumers," INARF 2013 Annual Conference; Indianapolis, IN. March 2013.
- Presenter, "Health and Sexuality" (for David Hingsburger) and "Successful Person-Centered Transition for People with ID/DD," YAI National Institute for People with Disabilities, 33rd Annual International Conference; New York, NY. May 2012.
- Co-Presenter, "Shifting the Paradigm Changing Legislative Views on Sexual Offending to Effect Policy Change," ATSA 30th Annual Research and Treatment Conference; Toronto, Ontario. November 2011.
- Instructor, "Advocacy for Successful Life Transitions for People with Disabilities," Michigan State University Social Work Continuing Education, October 2011. Oakland County, Michigan.

- Presenter, "Health and Sexuality: Effective Educational Programming for People with Disabilities," Michigan Association of School Social Work Annual Conference, Lansing, MI. October 2011.
- POS Facilitator and Participant, 2011 Training Institute in Sexual Health Education, Chester, CT. August 7-12, 2011.
- Guest Presenter, "The Michigan Sex Offender Registry and Its Impact on Individuals with Disabilities" and "Health and Sexuality Education for Individuals with Disabilities," Michigan State University Graduate School of Social Work, East Lansing, MI. June 2011.
- Facilitator, "He Said/She Said" high interest/low reading ability book groups for adolescents with intellectual disabilities and parents or other significant adults, incorporating social skill activities; Bloomfield Township Public Library, Bloomfield Township, MI. June through August 2011.
- Presenter, "Family Connections: What Happens When a Sibling Has a Disability?" sponsored by SOAR Society of Active Retirees; Farmington Hills, MI. May 2010.
- Presenter, "Perpetrator or Victim: The Blurred Boundaries of Sexual Abuse and Offenders"; YAI National Institute for People with Disabilities, 31st Annual International Conference; New York, NY. May 2010.
- Presenter, "Preparing Your Different Learner for Interaction with Law Enforcement Professionals"; Friends of Different Learners (Birmingham, MI). April 2010.
- Presenter, "Health and Sexuality for Students with Multiple Disabilities"; 70th Annual Statewide Conference, Michigan Council for Exceptional Children, Grand Rapids, MI. March 2010.
- Presenter, "Health and sexuality, including risk and vulnerability reduction"; National Association of Developmental Disabilities teleconference for professionals. November 2009.
- Presenter, "De-Mystifying Disabilities: Understanding the facts about Attention Deficit Hyperactivity Disorder, Learning Disabilities, Autism Spectrum Disorder, Intellectual Disabilities and the role of the family" sponsored by SOAR - Society of Active Retirees; Farmington Hills, MI. October 2009.
- Presenter, "Health and Sexuality: What Do I Say, How Do I Say It, and What Strategies Work Effectively for People With Disabilities?" YAI National Institute for People with Disabilities, 30th Anniversary Annual International Conference; New York, NY. May 2009.
- Presenter, "Understanding the Facts, Myths, and Characteristics of Autism Spectrum Disorder"; sponsored by SOAR-Society of Active Retirees; Farmington Hills, MI. May 2009.
- Presenter, "Working with People with Disabilities in the Areas of Health and Sexuality: What Do I Say, How Do I Say It, and What Methods and Strategies Work Effectively with People with Disabilities?"; sponsored by Jewish Family Services of Metropolitan Detroit, West Bloomfield, MI; approved for 3.0 continuing education credit units for Licensed Social Workers by the Michigan Continuing Education Collaborative. April 2009.

- Presenter, "Talking, Listening and Communicating with your Child about S-E-X" and "Working with People with Disabilities in the Areas of Health and Sexuality"; 69th Annual Statewide Conference, Michigan Council for Exceptional Children, Grand Rapids, MI; Presenter, March 2009.
- Presenter, "Working with People with Disabilities in the Areas of Health and Sexuality": Michigan Transition Services Association Annual Conference, Frankenmuth, MI. March 2009.
- Presenter, "Helping young teens develop healthy relationships and risk reduction strategies," Northville (MI) Public Schools. February 2009.
- Presenter, Sibshop (program for siblings of special needs children), Birmingham Public Schools, Birmingham MI. January 2009.
- Co-author, "Sex Offender Registration is Not the Answer for Juvenile Sex Offenders with or without Disabilities"; Michigan Child Welfare Law Journal, Volume XII, Issue II, Winter 2009.
- Presenter, "How to Communicate, Listen and Talk With Your Child About S-E-X (Socialization, Education and X???)"; Program for Professionals and Parents (Baldwin Library, Birmingham, MI), June 2008.
- Presenter, Fetal Alcohol Syndrome Parent Support Group (Ann Arbor, MI), 2008.
- Presenter, "Sexuality and Your Special Needs Child What to Say and When to Say It"; Friends of Different Learners (Birmingham, MI), 2007.
- Sibling Support Project, Sibshop Model 2-Day Training Program with Don Meyer (Project Director and Founder) (Toledo, OH), October 2010.
- "Special Education Sexuality Issues Workshop," seminar training with S. Ludwig, York, Ontario, Public Health Department (Pontiac, MI). January 2010.
- "Reaching for Opportunity II Education Conference," seminar training sponsored by Down Syndrome Guild of Southeast Michigan (Dearborn, MI). May 2010.
- "Relatively Speaking," seminar training with D. Meyer, Director, The Sibling Support Project; sponsored by the Family Center, Children's Special health Care Services (Grand Rapids, MI). October 2009.
- "Sexuality Education for Individuals with Low Incidence Disabilities," seminar training sponsored by Oakland Intermediate School District (Pontiac, MI). August 2009.
- Sibshop training, Sibling Support Project model, January 2009.
- "Presenting Special Education Sexuality Education Curriculum" (Oakland Intermediate School District): Training 2006; ongoing continuing education.
- "Developing Approaches to Teaching Sexuality to Persons with Developmental Disabilities" (Oakland Intermediate School District): Completed training, 2006.
- "Special Education, Sexuality Education: A Conversation with David Hingsburger, M.Ed., Clinician, Educator" – (Bay Arenac Intermediate School District, MI): Completed training, 2007.

- "Developing Healthy Boundaries A Special Education/Sex Education Focus" –Public Health Department (Bay Arenac Intermediate School District, MI): Training with Susan Ludwig, York (Ontario) Public Health Department, Completed training, 2007.
- "Classroom Strategies to Teach Hygiene" program for teaching anatomy, physiology and hygiene, for special education educators previously certified in human sexuality education (Bay Arenac Intermediate School District, MI): Completed training, 2006.
- "HIV/AIDS Certification Training for Secondary Teachers" (Oakland Intermediate School District): Completed training, 2006.
- Sexuality Education Certification Training, Oakland Intermediate School District, 2006.
- Effective Practices Leadership: Initiative-Behavior Strategies for Students with Asperger Syndrome Disorder; Advanced Training, Oakland Schools Intermediate School District, 2006.
- "Involving Para-Pro's in Sexuality Education: A Special Education Focus" (Bay Arenac Intermediate School District, MI): Completed training, 2005.
- Lighthouse/PATH (Pontiac, MI): Board of Directors (2003 2008); co-chair, committee to organize and implement new teen parent residential program.
- Birmingham Youth Assistance (Birmingham, MI): Board of Directors (1984 1995); Annual Youth In Service Event; Breakfast with Santa; P.L.U.S. mentor program; Advisory Board Member (1995 – present).
- News article subject: "Advisor preps disabled kids for new life stages," Detroit News, August 6, 2008.
- Michigan Jewish AIDS Coalition, Board of Directors (1998 2003): designed and presented educational programs for adolescents and parents.
- Temple Beth El (Bloomfield Hills, MI): Participate in developing teen suicide prevention program.
- Birmingham Community Coalition (Birmingham, MI): Presenter, Summit 2002 and Summit 2003, designed to bring together community leaders, students and parents to educate and discuss how to activate prevention issues in the community.
- Facilitator, Take a Giant Step Metropolitan Teen Conference, Detroit, MI (1984 -- 1987); developed and presented staff workshop.
- Designed and co-taught adapted Natural Resources class for teens with special needs (Birmingham Schools).
- Adventure Based Counseling Certification, Project Adventure (1989).
- Designed and taught Learning and Fun (L.A.F.) programs for elementary students (Birmingham Schools).
- Annual Girl's Matter Conference, Oakland Community College (Farmington Hills, MI) (2001

   2004): Steering Committee member; Group Leader; Presenter.
- Designed and presented staff and community workshops on sibling rivalry, parenting, communication, adolescence, homework and peer pressure.

- Presenter, The Council for Exceptional Children Convention, Michigan Association of Teachers of Emotionally Impaired Children, and the Michigan School Social Workers Annual Conference (1996).
- Guest lecturer, Oakland University Graduate School of Education, on the topic of selfmutilation (2005).
- Training: "Conflict Resolution: An Elementary School Curriculum" Grand Rapids, MI, sponsored by The Community Board Program, Inc., and Grand Rapids Public Schools (1994).
- Trained in peer mediation, Oakland Mediation Center (Bloomfield Hills, MI).
- Trained, certified (2000) and re-certified annually, Non-Violent Crisis Intervention, Crisis Prevention Institute.
- Trained, certified presenter (1991): Talking With Your Kids About Alcohol, sponsored by The Prevention Research Institute.
- Groves High School Multicultural Retreat, student group facilitator (Birmingham Schools), 2005, 2008.
- Liaison, Friends of Different Learners (Birmingham Schools).
- True Colors Program, Certified Teacher. Program presentations to staff and students.
- "Reality, Reactions, Reassurance: Response to 9/11." Parent program, Birmingham Public Schools. Developer and presenter.
- Bully-Proofing Your Schools training (presented by Oakland County Prosecutor and Glenn Stutzky).
- Honors Program, Wayne State University (Detroit, MI): Interview and assess freshman finalists for scholarship selection process (2006 - 2012).

#### **AWARDS**

- Diversity Champion Honoree, Birmingham Bloomfield Task Force on Race Relations and Diversity Relations annual Diversity Champion Honor Roll, 2007.
- Friends of Different Learners Appreciation Award, 2014, 2012, 2011, 2010, 2009.
- Friends of Different Learners, Friends Awards: 2008, 2007, 2006 and 2005.
- Friends of Different Learners "Special Friends" Recognition Award, 2007.
- Workplace Excellence Honor Roll 2002, Birmingham Public Schools.
- Michigan Jewish AIDS Coalition, 2001 Tools of the Trade Award.